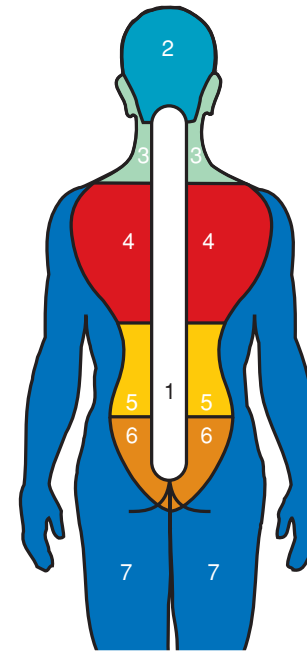


Kubota

Zone Acupuncture



	ZONES	Left Side of the Body							Center of the Body	Right Side of the Body							Techniques
1	PRIMARY ZONE	Primary Treatment for the Whole Body Abdomen Front, Paraspinal Back							Area of Primary Concentration of Treatments	Primary Treatment for the Whole Body Abdomen, Front, Paraspinal Back							Yu Do Shi Paraspinal Ishizaka Shi
2	CRANIAL ZONE	Brain, Pituitary, Hair, Scalp, Head								Brain, Pituitary, Hair, Scalp, Head							Yu Do Shi Sen Chi Shi
3	FACE & CERVICAL ZONE	Other Relationships	Organs		Endocrine Glands	Joints	Musculature	Sense Organs	Spinal Chord Segments	Sense Organs	Musculature	Joints	Endocrine Glands	Organs		Other Relationships	Yu Do Shi Paraspinal Ishizaka Shi Occipital-Atlas Ren Kan Shi
		Schizophrenic Mental Diseases Migraine Arterial Concentration of All Organs	Gallbladder C 5, 6, 7 Stomach C 5, 6, 7 Duodenum C 5, 6, 7	Lungs (L) C 5, 6, 7 Heart, Liver (L) C 3, 5, 6, 7 Pancreas C 5, 6, 7	Pituitary Posterior Lobe C 5, 6, 7 Anterior Lobe C 8 Thyroid C 5, 6, 7 Pineal C 5, 6, 7	Shoulder Elbow, Radial Hand, Foot Big Toe, Sacroiliac Inner Knee, Big Toe C 5, 6, 7, Ulnar Hand, Plantar Foot, Toes, Sacroiliac Joint C 8	Trunk, Lower & Upper Extremities Musculature C 5, 6, 7	Frontal Sinus C 2, 3 Maxillary Sinus C 5, 6, 7, 8 Eye C 5, 6, 7, 8 Inner Ear C 8 C 7 C 8	C 1 C 2 C 3 C 4 C 5 C 6 C 7 C 8	Eye C 5, 6, 7, 8 Ear C 8 Inner Ear C 8 Maxillary Sinus C 8 Mouth C 5, 6, 7, 8	Trunk Lower & Upper Extremities Musculature C 5, 6, 7, 8	Shoulder Elbow, Ulnar Hand, Foot, Inner Knee, Sacroiliac C 5, 6, 7, Ulnar Hand, Plantar Foot, Toes, Sacroiliac Joint C 3	Pituitary C 5, 6, 7 Pituitary Anterior Lobe C 8 Thyroid, Thymus C 5, 6, 7 Pineal, Appendages C 5, 6, 7	Lung (R) C 5, 6, 7 Heart C 8 Liver C 5, 6, 7 Pancreas C 5, 6, 7	Stomach C 5, 6, 7 Small-Large Intestine C 5, 6, 7 Duodenum C 8 Ileum (R)	Schizophrenic Mental Diseases Migraine Arterial Concentration of All Organs	
4	THORACIC ZONE	Lack of Concentration Stagnation Anger Depression Moodiness Fear Instability Blood Density Stagnation Connective Tissue Diseases Kidney Stones Mammary Glands Crystallization of Body Fluids	Gallbladder T 2, 3, 4, 8, 9, 10 Stomach T 2, 3, 4, 11, 12 Duodenum T 2, 3, 4, 5 Small Intestine T 3, 4 Large Intestine T 2, 3, 4	Lungs (L) T 2, 3, 4, 8, 9, 10 Heart T 1, 5, 6, 7 Liver (L) T 2, 3, 4, 5 Pancreas T 2, 3, 4, 5 Spleen T 11, 12 Kidney (L) T 2, 3, 11, 12	Parotid T 1, 2 Pituitary Posterior Lobe T 2, 3, 4, 8, 9, 10, 11, 12 Pituitary Anterior T 5, 6, 7 Thyroid T 2, 3, 4, 6, 7 Parathyroid T 11, 12 Appendix T 2, 3, 9 Adrenal T 11, 12 Gonads T 8, 9, 10 Pineal T 2, 3, 4, 6, 7, 11, 12	Shoulder, Elbow, Radial Hand, Foot, Big Toe, Sacroiliac Joint, Inner Knee, T 3, 4, 5, 6 Shoulder Elbow, Ulnar Hand, Plantar Foot, Toes, Sacroiliac Joint, T 1, 5, 6, 7 Foot, Hips, Knee (post) T 8, 9, 10, 11, 12 Mandibular Joint Knee (ant) T 11, 12	Lower & Upper Extremities Musculature T 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12 Trunk Musculature T 2, 3, 4, 5, 8, 9, 10, 11, 12	Eye T 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 Maxillary Sinus T 1, 2, 3, 4, 5, 6, 7, 11, 12 Ear T 1, 5, 6, 7 Mouth T 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12	T1 T2 T3 T4 T5 T6 T7 T8 T9 T10 T11 T12	Eye T 1, 3, 4, 5, 6, 7, 8, 9, 10 Maxillary Sinus T 5, 6, 7, 11, 12 Ear T 1, 5, 6, 7 Mouth T 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12	Trunk Lower & Upper Extremities Musculature T 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12	Shoulder Elbow, Ulnar Hand, Plantar Foot, Toes, Sacroiliac Joint T 1 Foot, Hip, Knee (ant), Mandible Shoulder T 3, 9, 10, 11, 12	Parotid T 1, 2 Pituitary Anterior Lobe T 1, 5, 7 Pituitary Posterior Lobe T 8, 9, 10 Thyroid T 2, 3, 4, 11, 12 Parathyroid T 11, 12 Adrenals T 11, 12 Pineal T 11, 12 Gonads T 3, 9, 10, 11, 12	Lung (R) T 2, 3, 4, 9 Heart T 1, 5, 6, 7, 8, 9, 10 Liver (R) T 2, 3, 4, 8, 9, 10, 11, 12 Pancreas T 3, 9, 10, 11, 12 Kidney T 11, 12	Duodenum T 1, 2, 3, 4, 5, 6, 7 Stomach T 3, 4, 11, 12 Gallbladder T 2, 3, 8, 9, 10 Large Intestine T 2, 3, 4 Small Intestine T 3, 4 Pylorus T 11, 12 Bladder T 11, 12	Lack of Concentration Stagnation Anger Depression Moodiness Fear Instability Blood Density Stagnation Connective Tissue Diseases Kidney Stones Mammary Glands Crystallization of Body Fluids	Yu Do Shi Paraspinal Ishizaka Shi Scapula Ren Kan Shi
5	LUMBAR ZONE	Lymph Sexual Organs Vascular Tone Blood Count Defensive Mechanism Crystallization of Body Fluid	Stomach L 1, 4, 5 Bladder Urogenital L 2, 3 Small Intestine L 4, 5 Large Intestine L 4, 5	Spleen, Kidney (L) L 1, 2, 3 Pancreas L 1, 4, 5 Lungs (L) L 4, 5	Pituitary Anterior Lobe L 4, 5 Thyroid L 1, 4, 5 Appendix L 4, 5 Pineal, Gonads L 1, 2, 3, 4, 5	Mandibular Joints Knee (ant) Hip Foot L 1 Foot, Sacrum Coccyx, Knee (post) L 2, 3 Shoulder Elbow Radial Hand, Foot Big Toe, Sacroiliac Inner Knee L 4, 5	Trunk L 1, 2, 3, 4, 5 Upper Extremities L 2, 3 Lower Extremities Musculature L 2, 3, 4, 5	Maxillary Sinus L 1 Frontal Sinus L 2, 3 Eye L 4, 5 Mouth L 1, 2, 3, 4, 5	L1 L2 L3 L4 L5	Frontal Sinus L 2, 3 Sinus L 4, 5 Eye L 4, 5 Mouth L 1, 2, 3, 4, 5	Trunk Musculature L 1, 4, 5 Lower Extremities L 2, 3	Foot, Hip, Knee (post) L 2, 3 Knee (ant) L 1 Foot Sacrum-Coccyx L 2 Shoulder Elbow Big Toe, Radial Hand, Foot, Inner Knee, Sacroiliac Joint	Pituitary L 4, 5 Thyroid L 1, 4, 5 Parathyroid L 2, 3 Adrenals L 1, 2, 3 Pineal, Appendages L 1, 2, 3, 4, 5 Gonads L 1, 2, 3 Pineal L 2, 3	Lung (R) L 4, 5 Liver L 1, 4, 5 Pancreas L 1, 4, 5 Kidney (R) L 1, 2, 3, 4, 5	Stomach L 4, 5 Gallbladder L 4 Bladder Urogenital L 2, 3 Small-Large Intestine L 4, 5	Lymph Sexual Organs Vascular Tone Blood Count Defensive Mechanism Crystallization of Body Fluid	Yu Do Shi Paraspinal Ishizaka Shi Iliac Crest Ren Kan Shi
6	SACRUM COCCYX ZONE	Mental Behavior Hormone Metabolism Kidney Stones Sciatica	Small Intestine S 1, 2, 3 Bladder Urogenital S 3, 4, 5 Bladder Urogenital	Heart S 1, 2, 3 Liver S 1, 2, 3 Kidney (L) S 3, 4, 5 Kidney (L)	Pituitary Anterior Lobe S 1, 2, 3 Adrenal S 3, 4, 5 Pineal, Epididymis S 3, 4, 5 Adrenals, Pineal, Epididymis	Shoulder, Elbow Ulnar Hand, Plantar Foot, Toes, Sacroiliac Joint S 1, 2, 3 Foot, Sacrum Coccyx, Knee (post) S 3, 4, 5 Foot, Sacrum, Coccyx, Knee	Trunk S 1, 2, 3 Upper Extremities Musculature S 1, 2, 3 Lower Extremities S 3, 4, 5 Lower Extremities	Inner Ear S 1, 2, 3 Maxillary Sinus S 1, 2, 3 Eye S 1, 2 Ear S 1, 2 Mouth S 1, 2, 3, 4, 5 Frontal Sinus Mouth	S 1 S 2 S 3 S 4 S 5 Coccyx	Inner Ear S 1, 2, 3 Maxillary Sinus S 1, 2, 3 Eye S 1, 2, 3 Ear S 1, 2, 3 Mouth S 1, 2, 3, 4, 5 Frontal Sinus Mouth	Trunk Upper Extremities Musculature S 1, 2, 3 Lower Extremities S 3, 4, 5 Lower Extremities	Shoulder, Elbow Ulnar Hand, Plantar Foot, Toes, Sacroiliac Joint S 1, 2, 3 Foot, Sacrum, Coccyx, Knee (Post) S 3, 4, 5 Foot, Sacrum, Coccyx, Knee	Pituitary Anterior Lobe S 1, 2, 3 Adrenals S 3, 4, 5 Epididymis Pineal S 3, 4, 5 Adrenals, Pineal, Epididymis	Heart S 1, 2, 3 Kidney S 3, 4, 5 Kidney (R)	Duodenum S 1, 2, 3 Ileum S 1, 2, 3 Bladder Urogenital S 3, 4, 5 Bladder Urogenital	Mental Behavior Hormone Metabolism Kidney Stones Sciatica	Yu Do Shi Ren Kan Shi Ishizaka Shi
7	SYMPTOMATIC ZONE	Upper & Lower Extremities, Trunk								Use as Symptomatic Treatments							Yu Do Shi Sen Chi Shi Ishizaka Shi